



## *E-Messenger, February 8, 2024*

*Come and worship  
Rejoice in fellowship  
Love and serve the Lord!*

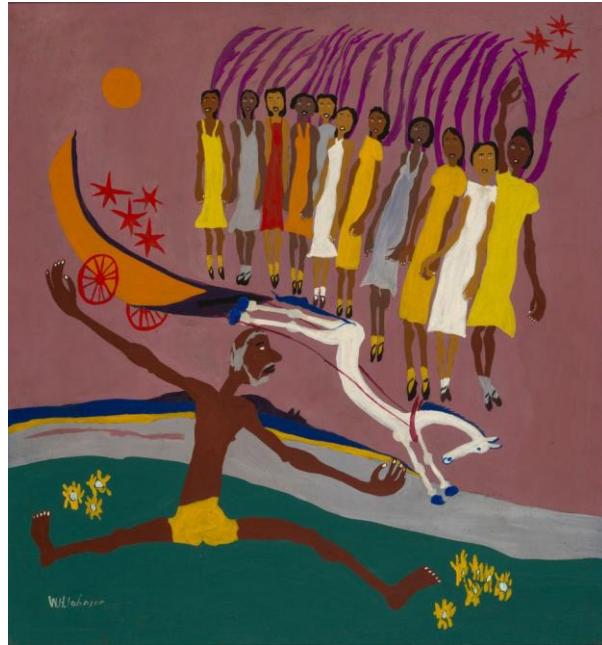
Dear All Saints' Family,

Sunday's first reading is a passage from 2 Kings, a vision of Elijah being taken up to heaven as the young prophet Elisha watches. It is a vision of a chariot of fire and horses ascending with Elijah in a whirlwind. (If you would like an advance read, look up 2 Kings 1:17-2:14.)

Sometimes I include a photo on the Sunday program that is related to the scriptural passages. I always learn interesting things as I search for these images. My searches are rather open-ended. This week I was curious about

images of Elijah from the 2 Kings passage.

I came across a painting by William H. Johnson (1901-1970) called *Swing Low, Sweet Chariot*. The painting is based upon the spiritual of the same name, which in turn is based upon the 2 Kings passage.



As I looked around for more information on the meaning of the spiritual, I came across an article in which Dr. Arthur Jones was quoted. Dr. Jones described *Swing Low* as a signal song: "On one level it's about people hoping they can escape their misery by riding on this imaginary chariot to heaven, but another clear meaning is the idea that the chariot is a metaphor for escaping to freedom."

*Swing low, sweet chariot*  
*Coming for to carry me home*  
*Swing low, sweet chariot*  
*Coming for to carry me home*

*I looked over Jordan, and what did I see?  
(Coming for to carry me home)  
I saw a band of angels coming after me  
(Coming for to carry me home)*

As it turns out I decided to focus on Transfiguration for the Service program cover photo. Nevertheless, I was very glad to discover the artist William Johnson, and especially appreciated Dr. Jones' words after meeting him during our Wisdom of the Spirituals weekend in October.

The Smithsonian American Art Museum has an exhibit this year of William Johnson's works called *Fighters for Freedom: William H. Johnson Picturing Justice*. Here is a link to more information on William H. Johnson and the collection of his art [at the SAAM](#).

Peace and Blessings,  
Julie

A message from Tom about the Movement for Life session this Sunday  
11:00-11:40:

"Please consider joining me for 40 minutes in an exercise class this Sunday.

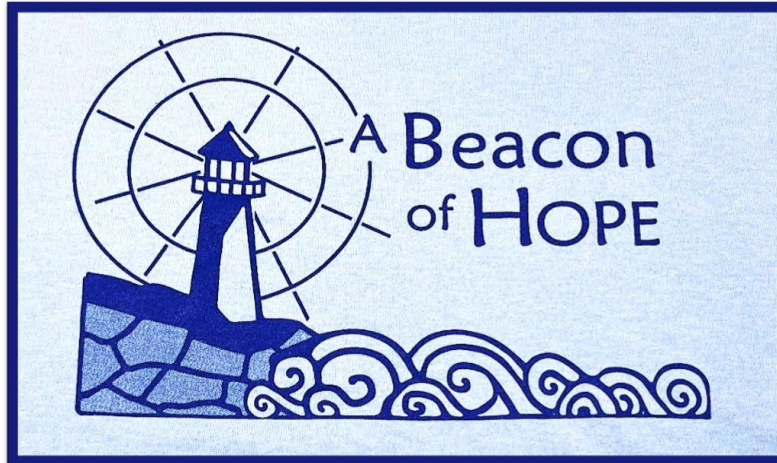
We will do about 10 minutes of some warm-ups, taking turn sharing some different exercises and stating some things that are positive in our lives.

The rest of the session will be devoted to seated and standing (as able) stretching and strengthening as well as balance, and some T'ai Chi."

All are warmly welcome to join our Sunday Service of Holy Eucharist at 9:30 am. If you wish to join via Zoom, here is the link:

<https://us02web.zoom.us/j/85484006164?pwd=ZzAvZVFUM2pKek0rMGVzMFFeclFiUT09>

You will find the Sunday Service program [here](#).



*Outreach News*

*Spice up the Winter!*



Outreach invites you to support the February collection of spices for the West End Community Center Food Pantry. Here is the list of requested spices:

- Curry
- Cinnamon
- Basil
- Cilantro
- Adobo
- Garlic
- Onion powder
- Salt&pepper
- Bullion cubes

**Next Meeting: Sunday, February 18**

**Outreach Food Collection:** Each week All Saints' collects food to be

distributed monthly to food pantries in our area. We welcome donations of any pre-packaged, non-expired food. Thank you for your generosity!

- February: Peanut butter

*Ash Wednesday Services, Noon and 7:00pm, February 14th*



*Wednesday Noonday Prayer and  
Faith Inquirers Discussion*

Our Lenten Wednesday Noonday prayer and conversation will begin on February 21 at 12:00pm.

If you wish to join us via zoom, here is the link:

<https://us02web.zoom.us/j/82955504419?pwd=Si9tTzVFbTR4K0ZjTy9jNVdkRFhuQT09>

## *Upcoming Events*

**February 11:** Movement for Life led by Tom Hobin, 11:00 - 11:40

**February 14:** Ash Wednesday, Services at Noon and 7pm

**February 18:** Outreach Meeting

**February 25:** Movement for Life led by Tom Hobin, 11:00-11:40

**February 25:** Vestry meeting, in-person

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## *PRAYERS*

We pray for fellow parishioners Derek, Gus, Trish, Victor, Rose, Susan, Gloria, and Theo; and for Dorothea Evans Gordon, Clarence Scott, Germaine, Naida Thomas, Merynn Flynn, Barbara K., Lusaynie Sirleaf, John Flinton, James, Rachael, Eva McBorrow, Jennifer, Carla, Sawyer L., Philletta Payne, Elizabeth Pacek, Yonghee Joe, Kerry DelaGaza, Nancy Pollard, and Dawn.

We pray for all who work for peace and members of our armed forces especially Hannah Makuch.

We pray for those who celebrate birthdays this week especially Bob Wells, Natalya Evans, and Monika Kraemer.

***February 11, 2024***

First Reading: 2 Kings 2:1-12 Becky Silliman

Response: Psalm 50:1-6 Chimmy Amaechina

Second Reading: 2 Corinthians 4:3-6 Cora Nagle

Gospel: Mark 9: 2-9

Prayers: Musa Goll

Chalice: Dan Mechnig

Acolyte: Tom Hobin

Coffee Hour: Elizabeth and Kardi

***February 18, 2024***

First Reading: Genesis 9:8-17 Chip Smith

Response: Psalm 25:1-9

Second Reading: 1 Peter 3:18-22 Anne Tait

Gospel: Mark 1: 9-15

Prayers: Dan Mechnig

Chalice: Tom Hobin

Acolyte: Eric Hirsch

Coffee Hour: Elizabeth and Kardi

Altar Guild: Lydia and Kardi

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**Websites:**

**All Saints' Memorial Church**  
**Diocese of RI · The Episcopal Church**

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Newsletter submissions:  
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**The Vestry:**

**Senior Warden**

Musa Goll

**Junior Warden**

Chip Smith

**Treasurer**

Becky Silliman

**Clerk**

Pattie Marshall

**Finance Chair**

Dan Mechnig

**Members**

Rosetta Evans  
Charlotte Burgess  
Ryan Mott  
Eric Hirsch  
Gloria Perry  
Kardi Draper



